

7 Steps 2 Safety

1

Communication

Talking in good times & bad

2

Circle of Trust

The people in my life

3

Trust Your Feelings

Not-so-basic instincts

4

Feel, Do, Tell

Make it a habit

5

Buddy System

More than holding hands

6

Body Parts

I have a name - please use it!

7

Parents Need Help Too

Do not keep it to yourself

